

Shaker Regional School District

AUGUST & SEPTEMBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
28 CHICKEN PATTY ON A ROLL SPICY CHICKEN PATTY ON A BU BAKED BEANS CALIFORNIA VEGETABLE BLEND SLICED PEACHES BANANA CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY & CHEESE WRAP BLT SANDWICH CHICKEN CAESAR WRAP	29 FRESH BAKED CHEESE PIZZA PEPPERONI PIZZA FRENCH BREAD PIZZA SEASONED NORMANDY VEG GREEN BEANS FRUIT MIX APPLE CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP	30 CHICKEN ALFREDO PARMESAN BROCCOLI ROASTED CARROTS SALAD BAR MANDARIN ORANGES GRAPES CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD BLT SANDWICH TUNA SALAD ON WHEAT TURKEY & CHEESE WRAP CHICKEN CAESAR WRAP	31 BAKED CHICKEN NUGGETS SEASONED BROWN RICE GREEN BEANS ITALIAN VEGETABLE BLEND SLICED PEARS APPLESAUCE CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY & CHEESE WRAP BLT SANDWICH CHICKEN CAESAR WRAP	1 NO SCHOOL FOR STUDENTS
4 NO SCHOOL FOR STUDENTS	5 FRESH BAKED CHEESE PIZZA PEPPERONI PIZZA FRENCH BREAD PIZZA CORN GREEN BEANS SLICED PEARS BANANA CHOICE OF MILK CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP	6 MOZZARELLA STICKS MARINARA SAUCE SPAGHETTI & SAUCE PARMESAN BROCCOLI APPLESAUCE PINEAPPLE TIDBITS CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP	7 WOK BAR: STIR FRY DAY VEGETABLE LO MEIN SEASONED NORMANDY VEG PINEAPPLE TIDBITS GRAPES CHOICE(S) SUNBUTTER & JELLY TUNA SALAD ON WHEAT CHICKEN CAESAR WRAP WG TURKEY & CHEESE WRAP BLT SANDWICH CHEFS SALAD	8 HIGH SCHOOL COOKOUT CHOICE OF BURGER GRILLED CHICKEN ON A ROLL BAKED BEANS GLAZED CARROTS MIXED FRUIT APPLESAUCE CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP
11 CHICKEN FAJITA CHEESE SAUTEED PEPPERS & ONION REFRIED BEANS SEASONED BROWN RICE MEXICAN CORN BANANA PINEAPPLE TIDBITS CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY & CHEESE WRAP BLT SANDWICH CHICKEN CAESAR WRAP	12 FRESH BAKED CHEESE PIZZA PEPPERONI PIZZA FRENCH BREAD PIZZA SEASONED NORMANDY VEG GREEN BEANS APPLESAUCE SLICED PEACHES CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP	13 BBQ CHICKEN SUB GREEN BEANS SWEET CORN MANDARIN ORANGES CRISP FRESH APPLE CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP	14 SPAGHETTI W/MEAT SAUCE BAKED GARLIC BREADSTICK PARMESAN BROCCOLI FRUIT MIX MANDARIN ORANGES CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY & CHEESE WRAP BLT SANDWICH CHICKEN CAESAR WRAP	15 TASTE OF THE WORLD CHICKEN RICE CASSEROLE CHICKEN CURRY CASSEROLE CHICKEN ENCHILADA CASSERO FRESH BAKED ROLL ITALIAN VEGETABLE BLEND SWEET GREEN PEAS SLICED PEARS PINEAPPLE TIDBITS CHOICE(S) SUNBUTTER & JELLY TUNA SALAD ON WHEAT CHICKEN CAESAR WRAP WG TURKEY & CHEESE WRAP BLT SANDWICH CHEFS SALAD

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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18 CREAMY MAC & CHEESE FRESH BAKED ROLL CALIFORNIA VEGETABLE BLEND PARMESAN BROCCOLI SLICED PEACHES BANANA CHOICE(S) SUNBUTTER & JELLY TUNA SALAD ON WHEAT CHICKEN CAESAR WRAP WG TURKEY & CHEESE WRAP BLT SANDWICH CHEFS SALAD	19 FRESH BAKED CHEESE PIZZA PEPPERONI PIZZA FRENCH BREAD PIZZA GREEN BEANS SALAD BAR SLICED PEARS CRISP FRESH APPLE CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY & CHEESE WRAP BLT SANDWICH CHICKEN CAESAR WRAP	20 BRUNCH FOR LUNCH FRENCH TOAST STICKS SYRUP HASH BROWN SCRAMBLED EGGS CARROT STICKS FRUIT MIX APPLESAUCE CHOICE(S) CHOICE(S) SUNBUTTER & JELLY TUNA SALAD ON WHEAT CHICKEN CAESAR WRAP WG TURKEY & CHEESE WRAP BLT SANDWICH CHEFS SALAD	21 CLASSIC SHEPHERD'S PIE STEAMED PEAS BAKED GARLIC BREADSTICK MANDARIN ORANGES SLICED PEARS CHOICE(S) SUNBUTTER & JELLY TUNA SALAD ON WHEAT CHICKEN CAESAR WRAP WG TURKEY & CHEESE WRAP BLT SANDWICH CHEFS SALAD	22 BAKED CHICKEN NUGGETS SEASONED BROWN RICE GREEN BEANS ITALIAN VEGETABLE BLEND PINEAPPLE TIDBITS APPLESAUCE CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY & CHEESE WRAP BLT SANDWICH CHICKEN CAESAR WRAP
25 CHICKEN PATTY ON A ROLL SPICY CHICKEN PATTY ON A BU BAKED BEANS CALIFORNIA VEGETABLE BLEND APPLESAUCE BANANA CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY & CHEESE WRAP BLT SANDWICH CHICKEN CAESAR WRAP	26 FRESH BAKED CHEESE PIZZA PEPPERONI PIZZA FRENCH BREAD PIZZA GREEN BEANS SALAD BAR SLICED PEARS CRISP FRESH APPLE CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY & CHEESE WRAP BLT SANDWICH CHICKEN CAESAR WRAP	27 BEEFY NACHO TACO REFRIED BEANS SEASONED BROWN RICE MEXICAN CORN SLICED PEACHES PINEAPPLE TIDBITS CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP	28 HOMESTYLE MEAL TURKEY AND GRAVY CREAMY MASHED POTATO STUFFING BREADSTICK PEAS CORN CRANBERRY SAUCE ORANGE SMILES JELLO & WHIP TOPPING CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY WRAP BLT SANDWICH CHICKEN CAESAR WRAP	29 SPAGHETTI W/MEAT SAUCE BAKED GARLIC BREADSTICK BROCCOLI FRUIT MIX GRAPES CHOICE(S) SUNBUTTER & JELLY CHEFS SALAD TUNA SALAD ON WHEAT TURKEY & CHEESE WRAP BLT SANDWICH CHICKEN CAESAR WRAP

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

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